

*Printed: 1/07/25*

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| **Belington Wellness Center Classes \* 70 N. Sturmer St.\* 304-823-1800** |
| **M** | **T** | **W** | **T** | **F** | **S** |
| **Facility Open:**  **6 am – 8 pm Monday - Friday** **8am – 12pm Saturday Closed Sunday****Family Swim/Pool Time:****3pm – 6pm Monday – Friday 10am – 12pm Saturday** | **8 am –****12 pm** |
| **9 am**Classic & SeatedAerobicswith:hand weights,resistance bands,balls, & balance workw/Kim |  | **9 am**Yoga & Stretchingseated & standingw/Kim |  | **9am**Aerobic StepsSeated Core&Stretchingw/Kim | **Pool****8-10 am Adult****10-12pm Family** |
| 10 am**Water Aerobics**w/Kim | 10 am**Water Aerobics**w/Kim | 10 am**Water Aerobics**w/Kim | 10 am**Water Aerobics**w/Kim |  |
| **3-6pm**Family Swim Time(anyone under 18& accompaniedby an adult) | **3-6pm**Family Swim **6-7pm**Aqua Zumbaw/Theresa | **3-6pm**Family Swim | **3-6pm**Family Swim  | **3-6pm**Family Swim  |
| Classes are included with paid membershipsGuests are welcome and pay $5  |



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| **Membership Category** | **Per Month** | **Discount for Year Paid in Full**  |
| **Individual (1)** | $20 | $220 |
| **Couple (2 people)** | $25 | $275 |
| **Family of (up to 4)** | $30 | $330+ $ |
|  ***Each Additional family member\****  | *$5 x \_\_\_\_\_\_* |
| **Senior (60+)** **Military/Veteran**  **Student (Full time, 25 & under)** **Barbour Co. First Responder** |
| **Individual (1)** | $15 | $165 |
| **Couple (2 in same family)** | $20 | $220 |
| **Family of (up to 4)** | $25 | $275+ $ |
| ***Each additional family member\**** | X 5\_\_\_\_\_ |

We also accept Silver Sneakers, Renew Active, Silver & Fit, and Fit & Active. If you have a question about your insurance coverage of fitness options, please call the number on your card.

Membership fees can be paid in cash, check, credit card (3% fee) or automatic withdrawal on a card (3% fee). $5 per visit for non-members.

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