



BARBOUR COMMUNITY

HEALTH ASSOCIATION

Printed: 4/23/24

Philippi Wellness Center Classes * 22 Columbia St. * 304-457-0700

M	T	W	T	F	S
Facility Open: 6 am – 8 pm					8 am – 12 pm
8 am Chair Yoga Ricki	8 am Yoga Ricki	8 am Chair Yoga Ricki	8 am Yoga Ricki	8 am Chair Yoga Ricki	
	9 am Chair Yoga Ricki		9 am Chair Yoga Ricki		
10:15 am Seated Cardio High Energy Aerobics + Balance, core, strength, floor -Donna		10:15 am Seated Cardio High Energy Aerobics + Balance, core, strength, floor- Donna		10 am Chair & Floor Yoga Ricki	
				11 am Seated Cardio High Energy Aerobics + Balance, core, strength, floor- Donna	
			6:15 pm Zumba/Strong /CIRCL Theresa		

Belington Wellness Center Classes * 70 N. Sturmer St.* 304-823-1800

M	T	W	T	F	S
Facility Open: 6 am – 8 pm					8 am – 12 pm
9 am Silver Sneakers Classic/Chair Aerobics Kim		9 am Silver Sneakers Yoga Kim			Pool 8-10 am (Adult)
10 am Water Aerobics Kim	10 am Water Aerobics Kim	10 am Water Aerobics Kim	10 am Water Aerobics Kim		10- Noon (Family)
	6 pm Aqua Zumba Theresa				

Classes and "gym" use are included with membership. Members have access to both Wellness Centers. Non-members pay \$5 for classes and gym use. Class schedule is subject to change.



Turn to Better Healthcare.

Membership Prices

You may pay for one month or as many months as you like.
IF you pay for an entire year, you receive one free month.

Membership Category	Per Month	Discount for Year Paid in Full
Individual (1)	\$20	\$220
Couple (2 in same family)	\$25	\$275
Family of (up to 4)	\$30	\$330
<i>Each Additional family member*</i>	\$5 x _____	+ \$
Senior (60+) Military/Veteran Student (Full time, 25 & under) Barbour Co. First Responder		
Individual (1)	\$15	\$165
Couple (2 in same family)	\$20	\$220
Family of (up to 4)	\$30	\$330
<i>Each additional family member*</i>	X 5 _____	

We also accept Silver Sneakers, Renew Active, Silver & Fit, and Fit & Active. If you have a question about your insurance coverage of fitness options, please call the number on your card.

Membership fees can be paid in cash, check, credit card or automatic withdrawal on a card (3% fee). \$5 per visit for non-members.